Virtual Exchange Program

**Nutrition and Health Part 1: Macronutrients and Overnutrition**

**Start date:** 12/04/2020, **End date:** 03/07/2020
**Platform:** edX

**Wageningen University and Research**

**COURSE SYNOPSIS**

**Domain:** Life sciences

**Title(s) of the course(s) as it appears on the platform:** Nutrition and Health: Macronutrients and Overnutrition

**Language (ISO-639-1 code):** en

**Short description of the course:** Learn the fundamentals of nutrition and its impact on human health.

**Instructor(s):** Sander Kersten

**Level:** BA1

**ECTS:** 2.0

**Workload in student hours:** 56

**Semester:** 1: jan-june

**Full course description:** Food plays a central role in our society but few people actually understand what it does to our bodies. Learn more about nutrition and how our diet profoundly impacts our current and future health. This introductory nutrition course addresses the relationship between nutrition and human health with a focus on health problems related to overnutrition.

**Prerequisites:** -

**Link to course on platform:** [https://www.edx.org/course/nutrition-and-health-macronutrients-and-overnutrition-0](https://www.edx.org/course/nutrition-and-health-macronutrients-and-overnutrition-0)

**Link to course in University studyplan:** [https://ssc.wur.nl/Handbook/Course/HNE-52802](https://ssc.wur.nl/Handbook/Course/HNE-52802)

**Course registration opening date:** 06/01/2020

**Course registration deadline:** 12/04/2020

**Course withdraw date:** -

**Midterm:** No

**Midterm details:** -

**Exam period start:** 06/07/2020

**Exam period end:** 17/07/2020

**Exam date:** -

**Exam timing:** Synchronous (exam needs to take place at the same date and time everywhere)

**Exam start time:** -
Exam end time: -

Time zone (at the time of the exam, DST): UTC+1

Exam registration date: 26/06/2020

Exam resit available: Yes

Exam resit period start: 03/02/2021

Exam resit period end: 12/02/2021

Exam resit date: -

Exam resit time start: -

Exam resit time end: -

Time zone (at the time of the resit of the exam, DST): UTC+1

Final exam type: Written

Final exam details: -

Exam requirements for home university (computer, VOIP, recording materials): -

Cap (maximum number of exchange students): 50

Offered to which partners: -, All partners of the Alliance(s) selected above

Link to course image: https://drive.google.com/open?id=1vX-qf424DtS2n9KjCCscNkTizu0jLKB9